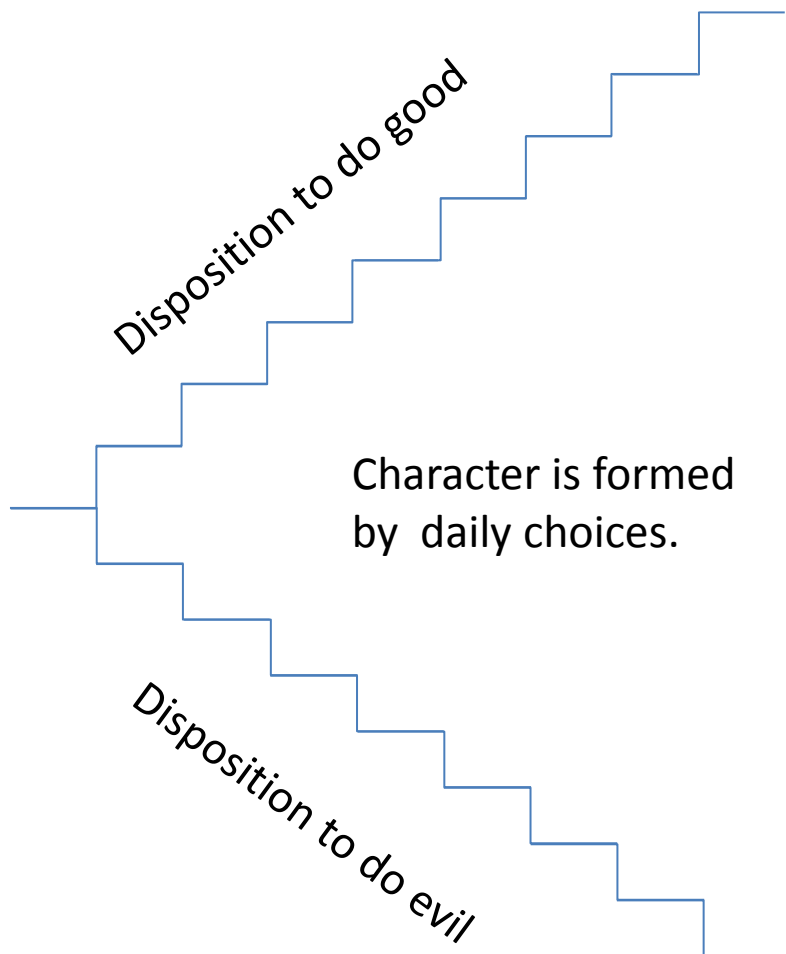


Mosiah 5:2

And they all cried with one voice, saying: Yea, we believe all the words which thou hast spoken unto us; and also, we know of their surety and truth, because of the Spirit of the Lord Omnipotent, which has wrought a mighty change in us, or in our hearts, **that we have no more disposition to do evil , but to do good continually.**



These statements are true of both directions:

Our life is made up of a series of experiences similar steps. Each one is tied to the one before. Each one lends power to the next to increase our disposition in that direction.
Cordell Vail

That which we persist in doing becomes easier, not that the task itself has become easier, but that our ability to perform it has improved.
Heber J. Grant quoting Ralph Waldo Emerson

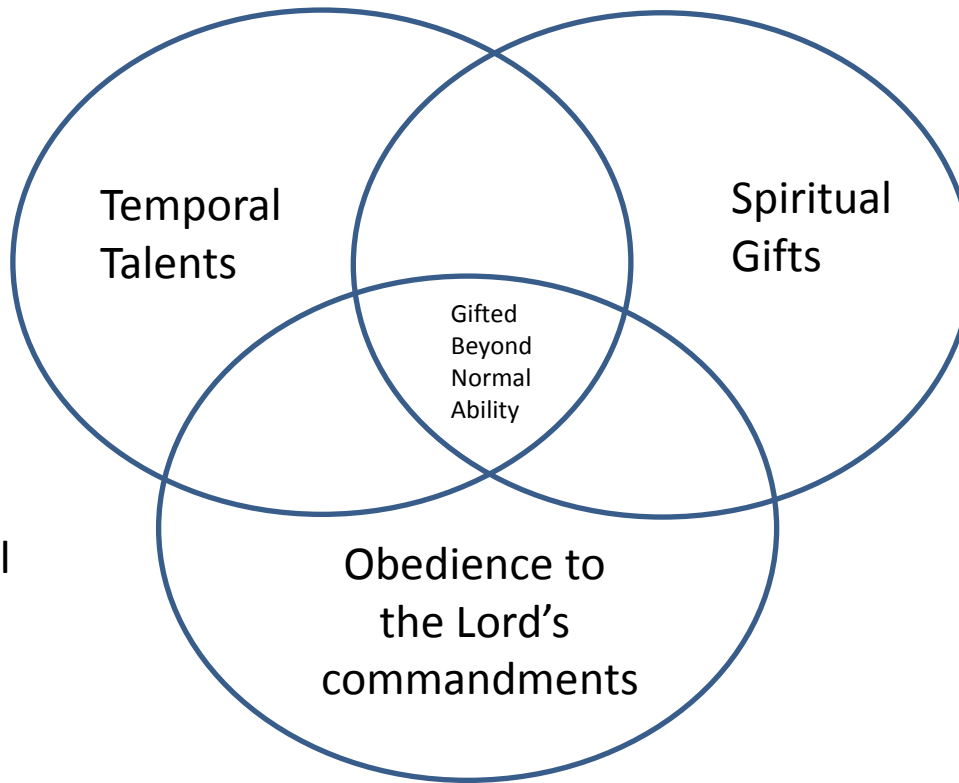
Desires dictate our priorities, priorities shape our choices, and choices determine our actions. The desires we act on determine our changing, our achieving, and our becoming.
Elder Dallin H. Oaks
April 2011 General Conference

Alma 34: 34

Ye cannot say, when ye are brought to that awful crisis, that I will repent, that I will return to my God. Nay, ye cannot say this; for that same spirit which doth possess your bodies at the time that ye go out of this life, **that same spirit will have power to possess your body in that eternal world.**

**We can develop
Temporal type
Talents:**

1. Athletic
2. Musical
3. Languages
4. Mathematical
5. Financial
6. Creative
- 7.
- 8.
- 9.



**We can develop
Spiritual type Gifts:**

1. Gift of Tongues
2. Healing
3. Faith
4. Discernment
5. Revelation
6. Wisdom
- 7.
- 8.
- 9.

The Holy Ghost is an equalizer of opportunity.

Janice Vail - Sacrament meeting talk - Columbus, GA 1972

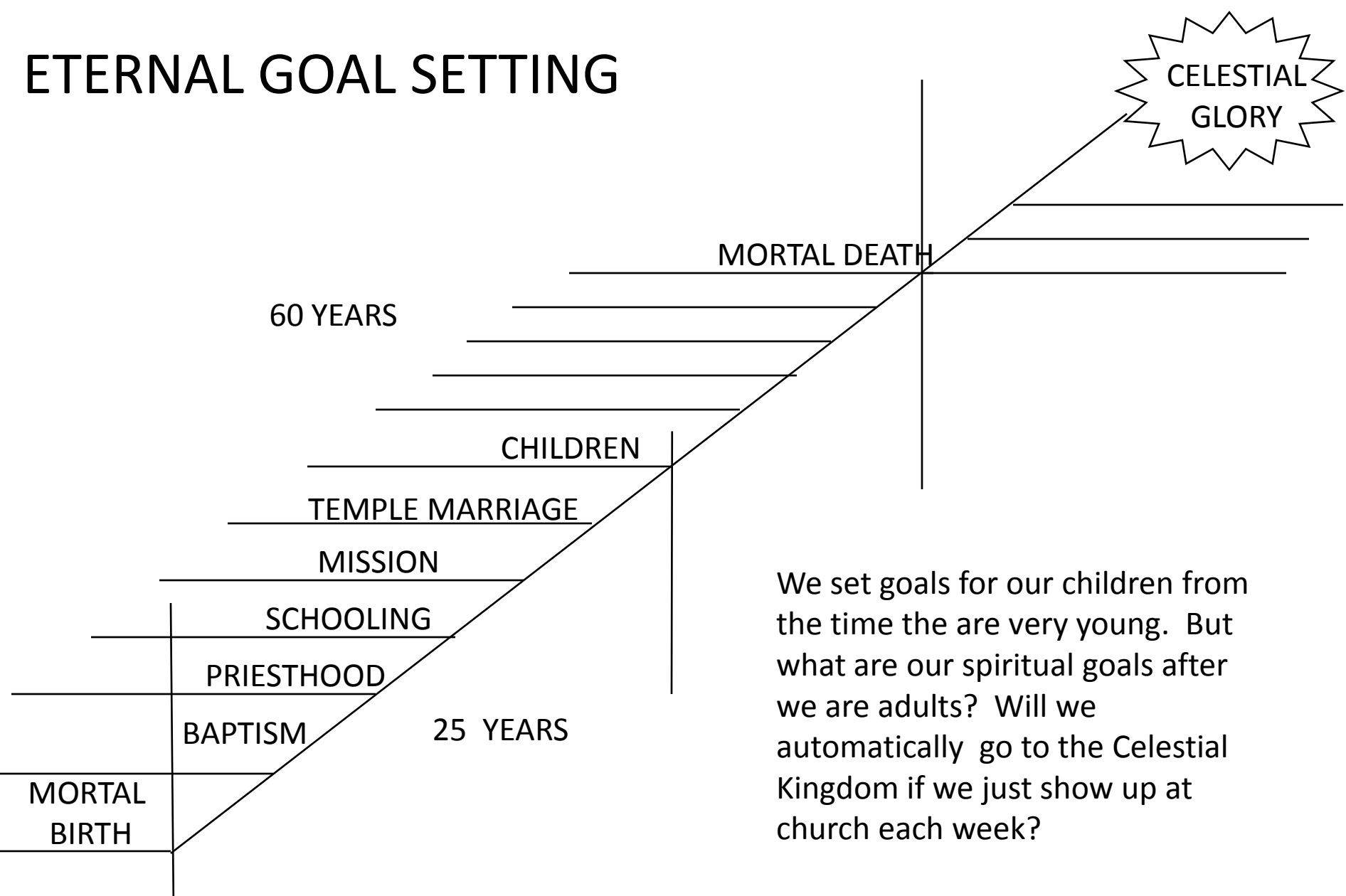
If we break the commandments, we immediately lose the spirit of the Lord and our spiritual gifts. If we persist, eventually we can even lose our talents and our nature becomes carnal and worldly to the point of losing sight of our eternal goals. By living the commandments, our obedience increases our faith and our spiritual power. This brings an increase in spiritual gifts and divine nature. Everyone has one gift but we are invited to seek after the best gifts. That would imply that we can seek after any and all gifts if we so desire. Gifts can be developed just like talents can be developed.

D&C 46:8 "Seek ye earnestly the best gifts, always remembering for what they are given"

1 Corinthians 12: 31 But covet earnestly the best gifts: and yet shew I unto you a more excellent way

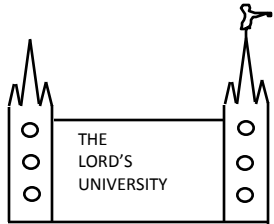
(For a further list of spiritual gifts see also: 1 Cor 12:4-12; 1 Cor 13:1-13 Moroni 10:8-18 for a list of spiritual gifts we can seek.)

ETERNAL GOAL SETTING

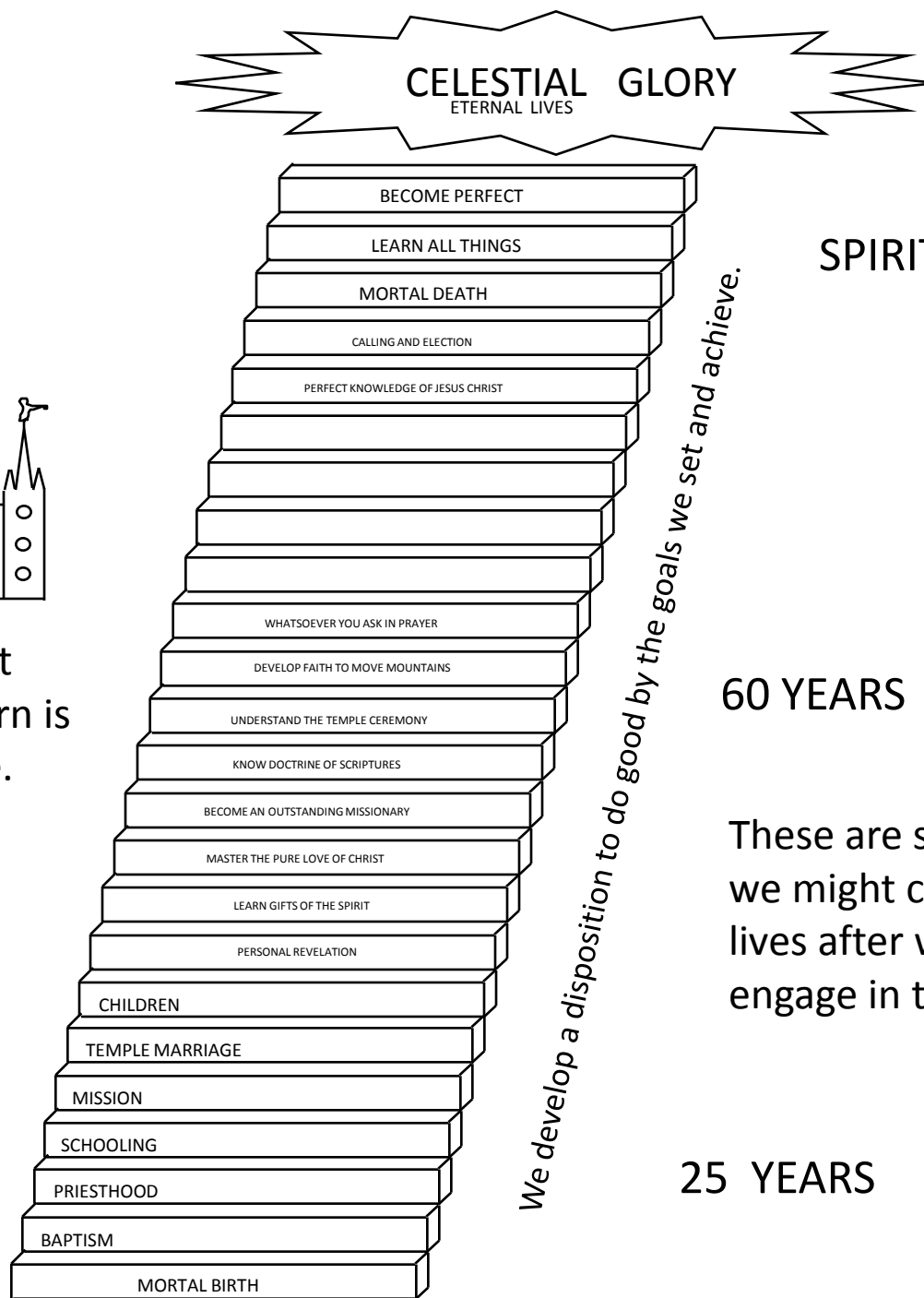


We set goals for our children from the time they are very young. But what are our spiritual goals after we are adults? Will we automatically go to the Celestial Kingdom if we just show up at church each week?

ETERNAL GOAL SETTING



Much of what we are to learn is in the temple.



SPIRIT PARADISE

60 YEARS

These are some of the things that we might consider as goals in our lives after we are adults and engage in the “rest of our lives”.

25 YEARS

Handout Part 4 by Cordell Vail
Minter Creek Ward HP Group Lesson
19 June 2011
CordellVail.com/epistles

MakingSuccessWork@yahoo.com
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