

20 Young Living Essential Oils that should be in your medicine cabinet in case of a disaster!

And how they may help if there are no doctors or other medicine available:

PanAway

Sciatica
Bruising
Cramps
Arthritis
Sore Muscles
Inflammation

Purification

Odors
Flu
Sore Throat
Blisters
Purification
Bug Spray
Bee Stings

DiGize

Stomach
Digestion
Gas
Cuts
Scrapes
Burns
Urinary Infection

Lemon

Acne
Bunions
Immunity
Varicose Veins
Oily Skin
Alkalize

Peppermint

Heartburn
Alertness
Recall
Fever
Pain
Nausea
Headache

Valor

TMJ
Focus
Anxiety
Tension
Joint Pain
Sleep Apnea

Frankincense

Concentration
Depression
Respiratory
Wrinkles
Anxiety
Warts

Joy

PMD
Libido
Perfume
Anxiety
Depression
Mood Swings

Clove

Dental
Canker Sores
Gum Irritation
Household Cleaning
Parasites
Ulcers
Lice

Melaleuca (Tea Tree Oil)

Antiseptic
Deodorant
Wound Ointment
Fungicide
Germs

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Lemongrass

Psyche Awareness
Purification
Cramps
Fevers
Deodorant
Bladder Infections
Respiratory
Digestive

Myrtle

Respiratory
Chronic Coughs
Tuberculosis
Muscle Spasms
Thyroid
Lung Infections
Congestion

R.C.

Congestion
Respiratory
Chronic Coughs
Bronchitis
Sore Throats
Decongestant
Sinus
Allergies

Melissa

Viral Infections
Herpes
Depression
Anxiety
Insomnia

Helichrysum

Bleeding
Tinnitus
Anticoagulant
Herpes Virus
Liver
Circulatory
Skin Conditions

Lavender

Burns
Eczema
Rashes
Allergies
Sleep
Calming

Thieves

Immunity
Athlete's Foot
Bronchitis
Toxic Molds
Strep Throat
Cold & Flu

Rosemary

Liver
Anti-inflammatory
Infections
Hepatitis
Memory
Weight Loss
Skin Disorders

Oregano

Antifungal
Infections
Skin growths
Foot Fungus
Insect Bites
Rheumatism
Liver

Peace & Calming

Hyperactivity
Teeth Grinding
Stress
Sleep Disorders
Anxiety